MY VEG-A-THON

From _____ to _____,
I will be eating a vegetarian diet to raise funds for _____ and for the many benefits of this way of eating. Please consider sponsoring my veg-a-thon with a per day pledge or a set donation.

Participant's Name

Address

City State

Phone E-mail

Sponsor's Name	Address, City, State and Zip code	Phone	Pledge	Total Collected

Totals From Other Sheets _____ +Total From This Sheet _____ =Total Amount Collected _____

Participant's Signature